



Join us for a Seniors
Pancake Breakfast
Tuesday, June 5, 2018
9am to 11am
Hosted at Blue Quill
Community League
11304-25 Avenue NW



Sausages, Pancakes, Juice and Coffee Provided

Questions: Call Kathryn at 780-438-3366
bqcladmin@bqcl.org



Blue Quill Community League

11304-25 Avenue NW

Edmonton T6J 5B1

780-438-3366

www.bqcl.org

Office Hours

8:30am to 1:00pm

Monday to Friday



Blue Quill
Community
League (BQCL)



@BlueQuillCL

BQCL PROGRAMS

BQCL strives to bring a variety of programming to the league, hoping to provide something for everyone. If you have an idea for a program you would like to see us offer, or if you are an instructor, we would love to hear from you!

BLUE QUILL Shito-Ryu Itosu-Kai

KARATE



and SELF-DEFENCE

for
Children, Teens and Adults

Our instructors are among a select few in Canada who have received their BLACK BELT certification from Japan and are currently registered with the FEDERATION OF ALL JAPAN KARATE-DOH ORGANIZATIONS (F.A.J.K.O.). This is the only governing body for Karate recognized by the Japanese Government.

Wednesday Nights
7-8:30 pm
Blue Quill Community Hall
11304 25 Ave NW

- 12-class Semester is only \$100 for BQCL members (*non-member rate available*)

www.bqcl.org/karate
www.AlbertaKarate.com

RUTH'S HATHA YOGA AT BLUE QUILL -

Hatha yoga classes 8:45-9:45
Wednesday mornings is suitable for beginners and those more experienced with yoga. Come discover the rhythms of breath and calmness of mind through yoga.

CLASSES - Blue Quill members \$60 for 6 weeks session and \$75.00 for non-members. Seniors (65+) membership is free. Contact Ruth for more information and to register 780-237-6730
Ruthe.sjoberg@gmail.com

BQCL strives to bring a variety of programming to the league, hoping to provide something for everyone. If you have an idea for a program you would like to see us offer, or if you are an instructor, we would love to hear from you!



Tennis Registration now open!

\$11/hr Group Lessons
\$16/hr Private Lessons



Blue Quill Bridge Club
Come play!
Wednesdays 12:30pm to 3:30pm



Bridge



Host Families Wanted!

Open your home to **international students** this summer and enjoy a cross-cultural exchange that will provide lasting memories for your family.

The English Language School at the University of Alberta welcomes groups of students from Japanese universities during the summer. The groups will arrive at various times throughout **August**. The students will stay with a host family from one week up to a month.

Our students are at least 18 years old and will be using public transportation to get to campus. Students will attend class Monday to Friday.

We provide host families with an honorarium of **\$850** per month or **\$28** per night.

To receive more information on becoming a host family this summer, please contact Trudy Stevens, Homestay Coordinator, at **trudy.stevens@ualberta.ca** or by phone at **780-492-0071**.



The Blue Grass Rattler



BLUE QUILL
PARTY IN THE PARK
CELEBRATING COMMUNITY THROUGH LOCAL MUSIC!

We are excited to announce our 6th annual Party in the Park music festival!

Blue Quill Party in the Park is a free, family-focused, and community-minded event that is run by our wonderful volunteers.

This event is for all ages and everyone is welcome to join in on the fun!

If you are a local musician this is a great chance to gain experience and if you just want to listen to some good music it's the perfect time to meet new friends and neighbours.

Listen to the Locals

Local Music Live at Blue Quill Party in the Park 2018!

Join us in celebration of local music and the spirit of the community at Blue Quill Community League on September 8th!

Delight in the sounds that Edmonton's local musicians have to offer! Come and enjoy the Beer Gardens, Root Beer, Fireworks, Inflatables, Barbeque and so much more.

Stay informed:

Follow us on social media @BlueQuillCL or Blue Quill Community League on Facebook, and check out our website: www.bqpartyinthepark.ca

See you there!

Blue Quill Playschool

spots are still available in our afternoon class
for three and four year olds

Register Now!

VISIT WWW.BLUEQUILLPLAYSCHOOL.CA
EMAIL REGISTRAR@BLUEQUILLPLAYSCHOOL.CA



Emergency
Medical
Services

Backyard Play Safety

With summer approaching, Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over top a nine inch layer of shock-absorbing material, which extends six feet out in all directions from the play area.

Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres(*) high and have a self-latching, self-closing, lockable gate

Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention,

BQCL MEMBERSHIP

Membership Rates

Family \$35/year

Single \$25/year

Senior Free

Associate \$35

Business \$125

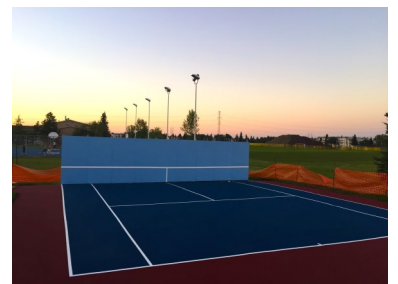
Blue Quill Community League offers membership to our residents that comes with many benefits. With membership, you get the use of our skating rink, tennis courts, basketball courts, beach volleyball courts and all our programming comes with a discount. Not only this, but your hall rentals come at a discounted rate and you have the use of Confederation Pool on both Saturdays and Sundays from 4:00pm to 5:30pm. You can enjoy these and many other benefits, all while getting involved in your Community!

If interested, contact Toby at membership@bqcl.org

Amenities

At BQCL, we have been working hard to improve and update our building. Bryce, our tennis instructor has been hard at work the last 2 summers, completely revamping our tennis courts and basketball courts! This summer...the beach volleyball courts will be back!

We have also re-painted the entire main floor and loft, replaced the floor in the main hall and built a brand new deck on the roof, off the newly renovated loft! Book this for your summer party!



Rent our Hall

The Main Hall and Kitchen can be rented for \$525.00 per day, or \$90.00 per hour. **BQCL members receive discounted rates of \$425.00 per day and \$60.00 per hour!**

The upstairs loft at BQCL is an ideal meeting space as it can accommodate up to 60 seated and has tables, chairs, a sink and a deck. This space can be rented on a weekday evening for \$175.00 (non-member) or \$125.00 (member). Weekend rental rates are the same as other rooms in the hall (\$90 per hour for non members and \$60 per hour for members).

A \$500 Cash Security Deposit applies to all rentals.

Blue Quill Community League does not rent on Sundays.

Membership Benefits



**MEMBERSHIP
BENEFITS**



Cloverdale Paint offers wholesale pricing!

Show your community league membership card, mention *Edmonton Fed. of Community Leagues* (code 057EFCL) and receive wholesale pricing at any Cloverdale Paint location. Find your closest Cloverdale Paint store. Just ONE of the many benefits of a community league membership!

Upcoming Events

Senior's Pancake Breakfast

June 5– 9am-11am

BQCL Casino

June 6 & 7- All Day

Party in the Park

September 8, 2018



Blue Quill is hosting two ranked Rogers Rookie
Tour

tournaments for *beginner-level* juniors ages
Under 10,

Under 14, and Under 18 on:

July 7, 2018

August 18, 2018

Courts are reserved for competitors on these
dates.

To play:

- 1) Join Tennis Alberta for a free Recreational
Membership:

<http://tennisalberta.com/join/>

- 2) Then, register (\$20) for our tournaments at:

<http://tennisalberta.com/tournaments/>



Spring Coloring Contest

Submissions can be dropped off at the BQCL office or scanned and emailed to bqcladmin@bqcl.org

The winner will be notified by email to pick up their prize!



Name:

Phone:

Email:

BQCL Board of Directors

The BQCL Board meets once a month on the 3rd Thursday of the month at 7pm.

If you are interested in coming to a meeting or joining our board, please feel free to call 780-438-3366.

BQCL Board Members	
POSITION	NAME/EMAIL
President	Travis Ball president@bqcl.org
Vice-President	Fahad Mughal vicepresident@bqcl.org
Treasurer	Andrew Happer treasurer@bqcl.org
Secretary	Tami Wong secretary@bqcl.org
Past President	VACANT pastpers@bqcl.org
Civics	VACANT civics@bqcl.org
Facilities	Garth Williams facilities@bqcl.org
Fundraising	Richard Hughes fundraising@bqcl.org
Memberships	Toby Brilz membership@bqcl.org
Programs	VACANT programs@bqcl.org
Publicity	Samantha Tomte publicity@bqcl.org
Social	Kelly Haylock social@bqcl.org
Sports	Trevor Larkin sports@bqcl.org

Upcoming Events

BQCL Casino– Volunteers Needed! June 6 & 7, 2018

As a non-profit, BQCL is fortunate to get a casino every 2 years. In order to keep these and the funds that come with it, we need to provide about 40 volunteers. Please contact bqcladmin@bqcl.org if you are interested in volunteering. Thanks for your support!



Party in the Park 2018!

Planning for Party in the Park 2018 is underway! The event will take place on September 8, 2018. Planning an annual event of this magnitude begins the day after the previous year's event. We are always looking for new Sponsors, Musicians, Advertisers and Ideas! If you would like to be involved in this summer's event, please get in contact with us. If you would like to volunteer or join the planning committee, please call the office at 780-438-3366 or email partyinthepark@bqcl.org.



BLUE QUILL
PARTY IN THE PARK
CELEBRATING COMMUNITY THROUGH LOCAL MUSIC!

**ADVERTISE in the
Blue Grass Rattler!**

If you wish to
advertise in the Blue
Grass Rattler, please
call 780-438-3366 or
email
bqcladmin@bqcl.org.

Advertise in the Blue Grass Rattler

The Blue Grass Rattler is a local community newsletter published monthly that provides news and details of events, programs and civic issues. It is circulated via email to our membership and all those that subscribe. Advertisements are accepted according to the rate schedule below with priority given to local businesses and organizations. The newsletter is published and circulated by the Blue Quill Community League who maintains editorial control and reserves the right to limit advertising as required.

SIZE	(width x height)	RATE
1/8 page	(3.5" v 2.25")	\$100
¼ page	(3.5" x 4.75")	\$125
½ page	(7.5" x 4.75")	\$200
Full Page	(7.5" x 10")	\$350
Back Page	(7.5" x 10")	\$450

**BQCL is starting this news-
letter as an online edition.
Ads in the online edition are
\$100 for up to 1/2 page.
Within a year, we hope to
mail out print editions which
would have the above rates.**

The 4 Corners of our Community

Blue Quill Community League is comprised of 4 communities. Blue Quill, Blue Quill Estates, Sweet Grass and Skyrattler. In this area, we would love to feature events, initiatives or issues that affect these individual neighbourhoods. If you have something you would like to see in the newsletter, please let us know!

BQCL Seniors

JOIN US FOR A FREE SENIORS PANCAKE BREAKFAST ON
TUESDAY, JUNE 5, 2018 FROM 9am to 11am

BQCL would love to hear from our resident Seniors! If there is an activity or information session you would like to see at the league, please let us know!

If you are a senior with extra time on your hands, the board would benefit from having a senior's rep attend our meetings. This person could be a liaison between the Board of Directors and the Senior Community. If you are interested, give us a call!

780-438-3366



Upcoming EFCL Workshops and Events



[Annual General Meeting - June 5, 2018](#)

[Let's Talk About Governance \(District D\) – June 9, 2018](#)

[Community League Day 2018 - September 15, 2018](#)

[Let's Talk About Governance \(District J\) – September 29, 2018](#)

[Playground Zones Review Results](#)

[Crosswalks, and Residential Speed Limits](#)

[A Focused Housing Plan - With Permanent Supportive at the Top](#)

Vacant Lots for Urban Agriculture

- This is a pilot program where an individual or group can purchase a permit/license to use a specified site for one season, April 1, 2018 to October 31, 2018.
- Visit the Vacant Lots for Urban Agriculture Webpage for more info.

Rain Garden in a Box

- As Edmonton grows, the city is faced with challenges in managing pollution into the North Saskatchewan River as a result of stormwater runoff from urban areas.
- You can help keep our city green by participating in the City of Edmonton's Rain Garden in a Box project. A rain garden is a landscaped area that collects, absorbs, and filters stormwater runoff from rooftops, driveways, patios, and other hard surfaces that don't allow water to soak in.
- Want to learn more about how to build a rain garden in your yard to capture your roof runoff?
Read our how-to guide .
- Register your rain garden, submit a question or request a lawn sign .

City of Edmonton

Events this month

- Free drop-in [spring Green Shack programs](#): May 1-24
- [Edmonton Values Café](#): May 3
- [Litter Kit Kick-off Event](#) with Capital City Clean Up: May 5
- [Cinco de Mayo](#): May 5
- [Effective Intercultural Practice](#) workshop: May 5
- [Be Kind to Animals Week](#): May 6-12
- [YEG: A Living History](#) free live performance about Edmonton's race relations history: May 8
- 37th Annual [Ben Calf Robe Traditional Pow Wow](#): May 12
- [Mother's Day](#): May 13
- [Discover and Share: Edmonton](#)—Use the power of your team: May 15
- This Old Edmonton House—[Researching Your Heritage Home](#): May 15
- Victoria Day: May 21
- [Edmonton International Cat Festival](#): May 26
- [Cannabis Let's Talk Alberta](#): May 30
- [Don't Skip the Chip](#) cat microchip clinic: May 31

Get involved!

- Reduce crime and build a safer community with your [Neighbourhood Empowerment Team](#) (NET).
- Register your team for the [36 Hour Continuous Soccer Game](#) in June.
- Contact your [dog off-leash ambassador to organize a spring cleanup](#) in your favourite area.
- Ask about having your non-profit organization [become a tenant at The Orange Hub](#).
- Encourage a junior high school student to sign up for this summer's [Junior Fire Cadet Camp](#) for some hands-on firefighter experience.
- Sign up your child up for a [summer day camp](#).
- Take part in the [Downtown Bike Network Survey](#).
- Fight [graffiti tagging](#) and establish [a mural in your community](#) with Capital City Clean Up's help.
- Help beautify green spaces in your community by joining the [Partners in Parks Program](#).
- Discover how the City can [help you with community programs and neighbourhood events](#).
- Give your opinion by joining the [Edmonton Insight Community](#).
- [Find your nearest community league](#) and become a member.
- [Check out other City e-newsletters](#) and discover what's here for you.