

The Results are In....

Blue Quill Community held their annual AGM on October 25, 2018. While we are happy to have a number of board members continue on in their positions, we are more than pleased to welcome 3 new members to our board! We would like to welcome

Leslie Hieratch-Programs
Khwaj Saif Ullah-Sports Director
Ken Morrison-Member at Large

We still have a number of vacant positions:

Vice President
Treasurer
Civics Director
Membership Director

If you are interested in any of these positions, feel free to call us for more information!

780-438-3366



Blue Quill Community League

11304-25 Avenue NW

Edmonton T6J 5B1

780-438-3366

www.bqcl.org

Office Hours

8:30am to 1:00pm

Monday to Friday



Blue Quill
Community
League (BQCL)




@BlueQuillCL

BQCL PROGRAMS

BQCL strives to bring a variety of programming to the league, hoping to provide something for everyone. If you have an idea for a program you would like to see us offer, or if you are an instructor, we would love to hear from you!

BLUE QUILL Shito-Ryu Itosu-Kai

KARATE



and SELF-DEFENCE

for
Children, Teens and Adults

Our instructors are among a select few in Canada who have received their BLACK BELT certification from Japan and are currently registered with the FEDERATION OF ALL JAPAN KARATE-DOH ORGANIZATIONS (F.A.J.K.O.). This is the only governing body for Karate recognized by the Japanese Government.

**Wednesday Nights
7-8:30 pm
Blue Quill Community Hall
11304 25 Ave NW**

- 12-class Semester is only \$100 for BQCL members (*non-member rate available*)

www.bqcl.org/karate
www.AlbertaKarate.com

Blue Quill Bridge Club

Come play!
Wednesdays 12:30pm to 3:30pm



Bridge



Ruth's Yoga

Align YOUR life through Yoga's Rhythms

RUTH'S YOGA: Join us for hatha yoga class of stretching, breathing exercises and meditation. You will find increased sense of contentment as you develop calm and relaxed states. Suitable for all levels from beginner to more advanced.

Blue Quill Members \$60 for 6 weeks classes. Non-members is \$75.00 for 6 weeks. Seniors Community membership is free at 65. Call Ruth to register 780-237-6730. DROP IN is \$15.00.

TIME: 9:00 AM

Blue Quill Estates

Will be the site of a Winter Greenshack

March 2 to March 29

Tuesdays/Thursdays

3:30pm-6:00pm

Saturdays

1:00pm to 5:00pm

City of Edmonton at BQCL



Lest we Forget....



Helping Hands Quarter Auction & VENDOR EVENT



THURSDAY NOVEMBER 15TH
Blue Quill Community League
6 - 9 p.m.

Bring your Quarters for a Fun Night Out!
Family Friendly Event!

For Event Info Follow Us at:

  @helpinghandsquarterauction

Resolve

physio • wellness

Hello! We are opening a 2nd Physiotherapy clinic located near your neighborhood at 23 Fairway Dr, NW. We are excited to meet you and help you with any injury, pain, or rehabilitation needs you may have. We are happy to offer:

- Experienced Therapists
- IMS/Dry Needling
- Acupuncture
- Shockwave
- MVA/WCB
- Direct Billing
- Therapeutic Massage
- Personal Training
- Women's Pelvic Health
- Exceptional Client Care

Opening in early 2019

www.resolvephysio.ca

23 Fairway Dr NW T6J 2S6

Blue Quill Community League

Will be hosting Ski Fest 2019-Ski to the LRT

Saturday, January 26, 2019

Look for more information in our December Newsletter!

BQCL MEMBERSHIP

Membership Rates

Family \$35/year

Single \$25/year

Senior Free

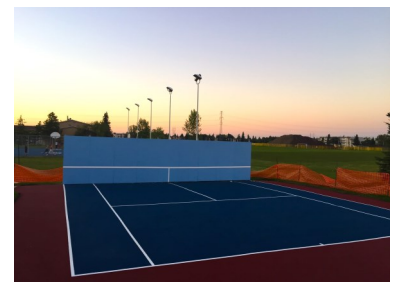
Associate \$35

Business \$125

Blue Quill Community League offers membership to our residents that comes with many benefits. With membership, you get the use of our skating rink, tennis courts, basketball courts, beach volleyball courts and all our programming comes with a discount. Not only this, but your hall rentals come at a discounted rate and you have the use of Confederation Pool on both Saturdays and Sundays from 4:00pm to 5:30pm. You can enjoy these and many other benefits, all while getting involved in your Community!

If interested, contact Toby at membership@bqcl.org

Amenities



Rent our Hall

The Main Hall and Kitchen can be rented for \$525.00 per day, or \$90.00 per hour. **BQCL members receive discounted rates of \$425.00 per day and \$60.00 per hour!**

The upstairs loft at BQCL is an ideal meeting space as it can accommodate up to 60 seated and has tables, chairs, a sink and a deck. This space can be rented on a weekday evening for \$175.00 (non-member) or \$125.00 (member). Weekend rental rates are the same as other rooms in the hall (\$90 per hour for non members and \$60 per hour for members).

A \$500 Cash Security Deposit applies to all rentals.

Blue Quill Community League does not rent on Sundays.

Membership Benefits



**MEMBERSHIP
BENEFITS**



Cloverdale Paint offers wholesale pricing!

Show your community league membership card, mention *Edmonton Fed. of Community Leagues* (code 057EFCL) and receive wholesale pricing at any Cloverdale Paint location. Find your closest Cloverdale Paint store. Just ONE of the many benefits of a community league membership!

Upcoming Events

Vendor Fair/Kids Xmas

Saturday, December 8

Ski Fest-Ski to LRT

Saturday, January 26

BUS NETWORK REDESIGN PUBLIC ENGAGEMENT

Don't miss your last chance to check out the proposed new bus routes coming in 2020.

Attend one of 13 workshops the City is hosting around the city from October 25 to December 7.

Visit edmonton.ca/busnetworkworkshops to find a workshop in your area.

Fill out an online survey from October 25 to December 9 to share your perspectives on the final draft network. Learn more at edmonton.ca/newbusroutes





Blue Quill Vendor Fair and Kids Xmas Party!

December 8, 2018

10am to 3pm

Welcome Everyone!

Come do your shopping while your kids do crafts
and visit with Santa from 11am-2pm!

Cookie decorating and crafts for the kids!



BQCL Board of Directors

The BQCL Board meets once a month on the 3rd Thursday of the month at 7pm.

If you are interested in coming to a meeting or joining our board, please feel free to call 780-438-3366.

BQCL Board Members	
POSITION	NAME/EMAIL
President	Travis Ball president@bqcl.org
Vice-President	VACANT vicepresident@bqcl.org
Treasurer	VACANT treasurer@bqcl.org
Secretary	Tami Wong secretary@bqcl.org
Past President	VACANT pastpres@bqcl.org
Civics	VACANT civics@bqcl.org
Facilities	Garth Williams facilities@bqcl.org
Fundraising	Richard Hughes fundraising@bqcl.org
Memberships	VACANT membership@bqcl.org
Programs	Leslie Hieratch programs@bqcl.org
Publicity	Samantha Tomte publicity@bqcl.org
Social	Kelly Haylock social@bqcl.org
Sports	Khvaj Saif Ullah sports@bqcl.org

We still have several vacant positions after our AGM.

Should any be of interest to you, please call 780-438-3366 or email bqcladmin@bqcl.org.

Thanks!

Find new ways to connect at BCTR networking events

The City's [Building Community Through Recreation](#) (BCTR) is organizing eight networking events this month. They're designed so you or your organization can make your community stronger by exploring its recreation needs alongside other community partners.

These network events will be held in eight different sections of the city. Refreshments will be served at all events, but depending on your area, you may also hear a guest speaker or join a special topic for discussion. Check the time and location of your event [here](#). Or contact your local neighbourhood resource coordinator by calling 311. Join us to build a more healthy, vibrant community through BCTR.

[Find a map of your BCTR network area here](#)



Consume responsibly around festivals, parks and trails

Edmonton's [new cannabis](#) and smoking regulations mean users may have to think about how and where they consume when out at a festival or simply wandering the parks and trails around the City.

Just like the smoke from cigarettes, the second-hand smoke from cannabis can make others uncomfortable, especially when they're outside for sport, social or recreation purposes.



**ADVERTISE in the
Blue Grass Rattler!**

If you wish to
advertise in the Blue
Grass Rattler, please
call 780-438-3366 or
email
bqcladmin@bqcl.org.

Advertise in the Blue Grass Rattler

The Blue Grass Rattler is a local community newsletter published monthly that provides news and details of events, programs and civic issues. It is circulated via email to our membership and all those that subscribe. Advertisements are accepted according to the rate schedule below with priority given to local businesses and organizations. The newsletter is published and circulated by the Blue Quill Community League who maintains editorial control and reserves the right to limit advertising as required.

SIZE	(width x height)	RATE
1/8 page	(3.5" v 2.25")	\$100
¼ page	(3.5" x 4.75")	\$125
½ page	(7.5" x 4.75")	\$200
Full Page	(7.5" x 10")	\$350
Back Page	(7.5" x 10")	\$450

**BQCL is starting this news-
letter as an online edition.
Ads in the online edition are
\$100 for up to 1/2 page.
Within a year, we hope to
mail out print editions which
would have the above rates.**

The 4 Corners of our Community

Blue Quill Community League is comprised of 4 communities. Blue Quill, Blue Quill Estates, Sweet Grass and Skyrattler. In this area, we would love to feature events, initiatives or issues that affect these individual neighbourhoods. If you have something you would like to see in the newsletter, please let us know!

BQCL Seniors

BQCL would love to hear from our resident Seniors! If there is an activity or information session you would like to see at the league, please let us know!

If you are a senior with extra time on your hands, the board would benefit from having a senior's rep attend our meetings. This person could be a liaison between the Board of Directors and the Senior Community. If you are interested, give us a call! 780-438-3366



Upcoming EFCL Workshops and Events

Join Green Leagues for our Energy 101 Workshop Series! Each workshop focuses on a particular subject to help you help your community league on its path towards energy efficiency and solar panels.

Those that attend all four workshop dates will become fully trained Energy Transition Ambassadors!

Registration is FREE and supper will be provided.

Follow the links below to register on Eventbrite.

- October 30 Workshop 1 - Community Sustainability Planning
- November 6 Workshop 2 - Intro to Energy Efficiency
- November 20 Workshop 3 - Basics of Solar Power
- November 27 Workshop 4 - Funding Your Project



All workshops in the Energy 101 workshop series start at 6 pm and will be held at the EFCL office at 7103 105 Street NW.

Let's Talk About Governance (District A)
Saturday, November 3, 2018
9 AM to 12 PM
Rosslyn Community League 11015 134 Ave NW
Register on Eventbrite: Let's Talk About Governance (District A)

The EFCL logo is located in the bottom right corner of the whiteboard image. It features a stylized green figure holding a leaf above the letters "EFCL".

City of Edmonton

Events this month

[Ignite, A Conversation Cafe with Age Friendly Edmonton 2.0](#): Nov. 1

[In-Situ: Tour Historic Ortona Armoury](#): Nov. 3

SAGE [Seniors' Health and Wellness Forum](#): Nov. 3

[No Stone Left Alone](#) Remembrance Ceremonies: Nov. 5

[Fall Self-Care Fair for Caregivers](#): Nov. 7

Family-friendly public engagement through [Engage Edmonton](#) at Mill Woods Town Centre: Nov. 8

[Orange Hub](#) open house: 7-9 p.m., Nov. 8
[Diwali, A Festival of Lights Fundraising Gala](#): Nov. 9

[All is Bright](#) festival on 124th Street: Nov. 10

[City Hall Remembrance Day Service](#): Nov. 11

[Armistice 100 - A Tribute](#): Nov. 11

Family-friendly public engagement through [Engage Edmonton](#) at downtown's Edmonton Tower: Nov. 15

[Boho Holiday Decorations Workshop](#): Nov. 24

[Santa's Parade of Lights](#): Nov. 24

[Drop-in engagement session for the vision of a new neighbourhood in Heritage Valley](#): Nov. 28

[Discovery Lab](#): Dec. 4

[Seniors' Candy Cane Tea](#) at the Valley Zoo: Dec. 4

Find out what's happening every day on the City of Edmonton's [Events Calendar](#).

Get involved!

Drop in to any of the three [Ribbon of Green Information Sessions](#) in November.

Share your thoughts about [parking for new homes and businesses](#) through this [online survey](#).

Check here for your closest free drop-in [Fall Green Shack Programs](#).

Join the excitement at Edmonton's 5-day [Grey Cup Festival](#).

Fill those stockings with gifts from [holiday craft markets](#).

Marvel at the University of Alberta Botanic Garden's candle-lined pathways during [Luminaria](#).

Find a holiday volunteering opportunity by searching the following words online: **Edmonton holiday volunteer 2018**.

Enjoy festive school musical performances during [Holiday Magic](#).

Visit beautifully decorated houses in the Junior League of Edmonton's annual [Homes for the Holidays](#).

Gather friends and [enjoy a winter patio](#).

Discover how the City can [help you with community programs and neighbourhood events](#).

Give your opinion by joining the [Edmonton Insight Community](#).

[Find your nearest community league](#) and become a member.

[Check out other City e-newsletters](#) and discover what's here for you.

Watch for the next Park Bench in mid-December!