



# Blue Quill Community Easter Eggstravaganza!

Monday April 22, 2019 10am – 3pm

Come on out and enjoy a fun day with your neighbours!

**Blue Quill Community League**  
11304 25 Ave NW  
**FREE EVENT**

**ARTS & CRAFTS** 🌸 **EASTER EGG HUNT** 🌸 **FACE PAINTING** 🌸 **BALLOON ANIMALS** 🌸 **CONCESSION**

Face painting and balloon animals from 11-2  
For more information please email [social@bqcl.org](mailto:social@bqcl.org)

*Happy Easter Day*



**Blue Quill Community League**

11304-25 Avenue NW

Edmonton T6J 5B1

780-438-3366

[www.bqcl.org](http://www.bqcl.org)

**Office Hours**

8:30am to 1:00pm

Monday to Friday



Blue Quill  
Community  
League (BQCL)



@BlueQuillCL

# BQCL PROGRAMS

BQCL strives to bring a variety of programming to the league, hoping to provide something for everyone. If you have an idea for a program you would like to see us offer, or if you are an instructor, we would love to hear from you!

TENNIS LESSONS  
REGISTRATION IS UNDER WAY!

Contact  
Tennis@bqcl.org



Blue Quill Bridge Club  
Come play!

Wednesdays 12:30pm to 3:30pm



Bridge

BLUE QUILL Shito-Ryu  
Itosu-Kai

# KARATE



Wednesday Nights  
7-8:30 pm

Blue Quill Community Hall  
11304 25 Ave NW

# and SELF-DEFENCE

for

• Children, Teens and Adults

12-class Semester is only \$100 for BQCL members (*non-member rate available*)

# BASKETBALL

With having our basketball courts re-done last summer, we look forward to starting a basketball program this summer! Keep an eye out for more information!







# Career Opportunities

## LGBTQ Project Lead (Full-time temporary contract)

The EFCL is looking for an LGBTQ Project Lead to join its team for a summer contract under the Canada Summer Jobs (CSJ) program to assist with building stronger relationships between Community Leagues and the LGBTQ community in Edmonton. As a CSJ candidate, you must be between the ages of 15 and 30.

### Position Summary and Responsibilities

Working with the Governance & Programs, Sr. Director, this position is intended to lead a project for increased communication and participation between Community Leagues and LGBTQ people through events and engagement.

The successful candidate will:

- Plan and coordinate the EFCL's participation in Edmonton Pride Week events.
- Develop and enhance relationships with organizations that serve LGBTQ people.
- Develop relationships with LGBTQ people within Community Leagues.
- Identify barriers to LGBTQ participation with Community Leagues.
- Increase participation of LGBTQ people in the community league events.
- Support Leagues to Increase participation of Community League members in LGBTQ events.

Candidates are requested to submit a cover letter and resume and only those selected for an interview will be contacted. Please apply by email to [colin.johnson@efcl.org](mailto:colin.johnson@efcl.org).

City of Edmonton at BQCL





## Community League Walking Program

In 2016, the EFCL received a Recreation and Physical Activity Project Grant from [Alberta Culture and Tourism](#) to promote walking programs in community leagues. Through this grant, the EFCL supported 20 community leagues in launching urban poling sessions – a walking workout with poles.

The EFCL continues to build leadership and capacity in community league members interested in starting or improving a walking program in their neighbourhood.

**Our community walking training sessions are over for the year.** Check back in 2019. Sessions will be posted on our [Seminars/Workshops](#) page.



# Resolve

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new location in your area at  
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**We offer:**

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- Acupuncture
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- Personal Training
- Shockwave
- MVA/WCB

**and Exceptional Client Care!**

*Opening early 2019*

[westbrook@resolvephysio.ca](mailto:westbrook@resolvephysio.ca)

**780.244.1095**

[www.resolvephysio.ca](http://www.resolvephysio.ca)



# BQCL MEMBERSHIP

## Membership Rates

**Family \$35/year**

**Single \$25/year**

**Senior Free**

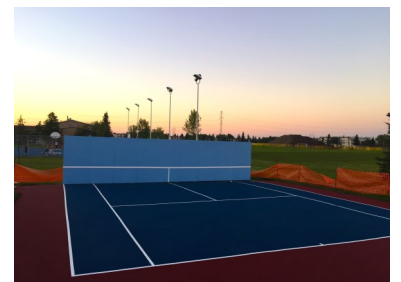
**Associate \$35**

**Business \$125**

Blue Quill Community League offers membership to our residents that comes with many benefits. With membership, you get the use of our skating rink, tennis courts, basketball courts, beach volleyball courts and all our programming comes with a discount. Not only this, but your hall rentals come at a discounted rate and you have the use of Confederation Pool on both Saturdays and Sundays from 4:00pm to 5:30pm. You can enjoy these and many other benefits, all while getting involved in your Community!

If interested, contact Toby at [membership@bqcl.org](mailto:membership@bqcl.org)

## Amenities



## Rent our Hall

The Main Hall and Kitchen can be rented for \$525.00 per day, or \$90.00 per hour. **BQCL members receive discounted rates of \$425.00 per day and \$60.00 per hour!**

The upstairs loft at BQCL is an ideal meeting space as it can accommodate up to 60 seated and has tables, chairs, a sink and a deck. This space can be rented on a weekday evening for \$175.00 (non-member) or \$125.00 (member). Weekend rental rates are the same as other rooms in the hall (\$90 per hour for non members and \$60 per hour for members).

**A \$500 Cash Security Deposit applies to all rentals.**

**Blue Quill Community League does not rent on Sundays.**

## Membership Benefits

# NEW Community League membership discount partner



**Welcome House of Wheels!**

**House of Wheels** is Alberta's largest indoor skatepark for scootering, skateboarding, BMXing, etc.

They are dedicated to ensuring anyone can find and enjoy the world of action sports in a fun and supervised indoor site. Perfect for our city's long, cold winters. Located on 88th street, just off the Whitemud.

***Show your Community League membership card for a 10% discount on pass prices.***

Check [houseofwheels.ca](http://houseofwheels.ca) or [Facebook.com/houseofwheelsab](https://www.facebook.com/houseofwheelsab) for extended holiday hours for December 2018.

## Upcoming Events

Easter Party  
Monday April 22, 2019  
10am to 3pm

## City Programs

The City of Edmonton runs a number of great Youth Drop-In Community Programs every season. This summer stop by for YEGyouth, Green Shack, Flying Eagle, Pop Up Play and City Skateparks to check out what's going on.

Please visit [www.edmonton.ca](http://www.edmonton.ca) or [Get the App!](#)



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**LASER TAG**

DOMINATION   TEAM BATTLE   FREE FOR ALL   INFECTED



**YEG COMMUNITY LEAGUE DISCOUNT**

**USE PROMO CODE: EFCL18**

\*We have a number of offers available, click, book or call for more info.

**BOOK TODAY!**

**BOOKINGS@ORBISSPORTS.COM**  
**1.888.901.7426 > ORBISSPORTS.COM**



## Community League Wellness Program

Reduced rates to City of Edmonton recreational facilities through the [Community League Wellness Program](#) which offers the following discounts:

**Annual Membership** - 20% discount on Adult, Family, Child, and Youth/ Senior Annual Memberships.

**Multi Admission Pass\*** - 15% discount on already discounted multi admission pass (5+ visits) \*Applies to new purchases only.

**Continuous Monthly Membership** - 20% discount on an on-going monthly membership.



## Neighbourhood Watch

Blue Quill is trying to help residents be aware of what is going on in their neighbourhood. We have started a facebook page where neighbours can join and report anything others should be aware of. Please Join!

<https://www.facebook.com/groups/1157529387663802/>

# BQCL Board of Directors

The BQCL Board meets once a month on the 3rd Thursday of the month at 7pm.

If you are interested in coming to a meeting or joining our board, please feel free to call 780-438-3366.

BQCL Board Members	
POSITION	NAME/EMAIL
President	Travis Ball president@bqcl.org
Vice-President	VACANT vicepresident@bqcl.org
Treasurer	Garth Williams treasurer@bqcl.org
Secretary	Tami Wong secretary@bqcl.org
Past President	VACANT pastpres@bqcl.org
Civics	VACANT civics@bqcl.org
Facilities	Garth Williams facilities@bqcl.org
Fundraising	Richard Hughes fundraising@bqcl.org
Memberships	VACANT membership@bqcl.org
Programs	Leslie Hieratch programs@bqcl.org
Publicity	Samantha Tomte publicity@bqcl.org
Social	Kelly Haylock social@bqcl.org
Sports	VACANT sports@bqcl.org

**We still have several vacant positions after our AGM.**

**Should any be of interest to you, please call 780-438-3366 or email [bqcladmin@bqcl.org](mailto:bqcladmin@bqcl.org).**

**Thanks!**



## COME VISIT **KARIN LEFSRUD** AT **PINECONE WELLNESS**

Located inside **yoga central** in the Landsdowne Strip Mall

**NOW OFFERING A NEW CLIENT PROMOTION:**

# \$25 OFF YOUR FIRST MASSAGE

**BOOK VIA [SCHEDULICITY.COM](https://www.schedulicity.com)** under Pinecone Wellness and receive a 60 minute massage for \$65 as a new client. You can also email to schedule an appointment at [pineconewellness@gmail.com](mailto:pineconewellness@gmail.com).

Karin is a registered massage therapist specializing in relaxation and sports/therapeutic massage, and is an Assistant Teacher with Seminars for Health teaching myofascial cupping.

*\*All massages are fully insured and there is direct billing to Blue Cross and Telus Health.*



### Urban Poling

Receive **up to a 35% discount** when you purchase urban poles through our annual membership supplies order.

Urban poles can be rented from the EFCL office starting at \$30 per pair plus a damage deposit. For more information on rentals, visit the [League Walking page](#).





**ADVERTISE in the  
Blue Grass Rattler!**

If you wish to  
advertise in the Blue  
Grass Rattler, please  
call 780-438-3366 or  
email  
bqcladmin@bqcl.org.

## Advertise in the Blue Grass Rattler

The Blue Grass Rattler is a local community newsletter published monthly that provides news and details of events, programs and civic issues. It is circulated via email to our membership and all those that subscribe. Advertisements are accepted according to the rate schedule below with priority given to local businesses and organizations. The newsletter is published and circulated by the Blue Quill Community League who maintains editorial control and reserves the right to limit advertising as required.

SIZE	(width x height)	RATE
1/8 page	(3.5" v 2.25")	\$100
¼ page	(3.5" x 4.75")	\$125
½ page	(7.5" x 4.75")	\$200
Full Page	(7.5" x 10")	\$350
Back Page	(7.5" x 10")	\$450

**BQCL is starting this news-  
letter as an online edition.  
Ads in the online edition are  
\$100 for up to 1/2 page.  
Within a year, we hope to  
mail out print editions which  
would have the above rates.**

# Great Neighbour Race on April 27, 2019

The EFCL's annual **Great Neighbour Race** is a family-friendly event and fundraiser that brings communities together.

All net proceeds go to the [EFCL 100th Anniversary Project](#) which will build the new Community League Plaza in William Hawrelak Park.

Join community members for a 10k, 5k, 3k and 1k Kids run with food and activities after the race!

Stay tuned for registration and program details and RSVP to the [Great Neighbour Race 2019 Facebook event](#) for updates!





## Tennis 2019 - Blue Quill Community League



Blue Quill's tennis program is back in late April, offering affordable tennis lessons for all ages and skill levels this upcoming season! Prices are **\$10/person/hour** for three people or more, **\$12/person/hour** for two people, and **\$18/hour** for private (one-on-one). Programming for special needs is also available.

We have all the equipment (racquets, balls) that you'll need, and even sport a ball machine for member practice. Club social events and numerous provincial tournaments are hosted for everyone to enjoy throughout the summer. Check out our website at <https://www.bqcl.org/tennis.php> for lesson times, and email [tennis@bqcl.org](mailto:tennis@bqcl.org) or [bqcladmin@bqcl.org](mailto:bqcladmin@bqcl.org) to join! We look forward to seeing you on court!





## Events this month

[This Old House Edmonton Workshops](#) - April 8, 15, 29

[Edmonton Volunteer Fair](#) - April 13

[The Vikings are Coming](#) - Opens April 18  
Royal Alberta Museum

[Edmonton Woman's Show](#) - Edmonton Expo Centre - April 13 and 14

[Easter Eggstravaganza](#) - Rutherford House  
April 14

[How to Think Like an Event Planner](#) - EFCL hosting April 17

[Hop to it for a wonderfully EGG-stravagant Easter Monday](#) event at the Valley Zoo:  
April 22

[Super Mega Record Garage Sale 6](#) - April 19 and 20 - Kenilworth Community League  
[Seniors' Spring Tea](#) at the Valley Zoo: April 24 & 25

[Dreamspeakers International Film Festival](#) -  
April 26

Edmonton Federation of Community League's [Great Neighbour Race](#): Apr. 26  
Run, Walk or Jog 3 km, 5 Km or 10 Km. Team and Kids races ! [Register Here](#)

[Edmonton Resilience Festival](#) - April 27

[MythBusters - The Explosive Exhibition](#) -  
Opens April 27 - Telus World of Science

[Jane's Walk YEG May 3-5](#)

Reserve a seat for next month's [Sage Awards](#).  
Find out what's happening every day on the City of Edmonton's [Events Calendar](#).

## Get involved!

What does Edmonton look like with 2 million People? Participate in [The City Plan](#) consultations

- April 2 Terwillegar Recreation Centre
- April 9 Clareview Recreation Centre

Register your [Generator Project](#) for May to connect with family, friends and neighbours face to face.

[Neighbourhoods Partnership Survey](#) - We would like to hear your thoughts on the services we have provided your organization in order to assess our own performance as well as gain insight on how we might better meet your needs moving forward.

Encourage a high school student to [apply to the Edmonton Fire Cadets](#) before the end of April to learn employment skills essential to becoming a firefighter.

Lets Keep Talking the Future of Waste - [Resident Survey and Public Engagement Workshops](#)

Habitat for Humanity [Inter Faith Habitat Works](#) - 600 Volunteers needed !

Volunteer for a [Litter Pick Up Event](#)

- Earth Day April 24
- Butt Blitz May 4

[Rent recreation equipment](#) at a low cost for your next community gathering.

Find the perfect City of Edmonton [summer day camps for kids](#).

Find links and contacts in the [Indigenous Edmonton Directory](#).

Discover how the City can [help you with community programs and neighbourhood events](#).

Give your opinion by joining the [Edmonton Insight Community](#).

[Check out other City e-newsletters](#) and discover what's here for you.